

V P S L A K E S H O R E

SLEEP CON 2022

SATURDAY, 11th JUNE, 2022 | 8:30 am to 5:30 pm

REGISTRATION

FACULTY
₹2,000/-

PG STUDENTS
₹1,500/-

Department of Pulmonary Critical Care & Sleep Medicine,
VPS Lakeshore Hospital, Kochi

In Association with

Cochin Thoracic Society (CTS)

Organizes

Comprehensive Sleep Medicine Update

@ VPS Lakeshore Conference Hall

For Registration

[CLICK HERE](#)

8.30 AM TO 9:00 AM - INAUGURAL SESSION**CHAIR PERSONS**

Dr. George Mothi Justin	Medical Trust Hospital, Kochi
Dr. Shajahan P.S	T.D Medical College, Alappuzha
Dr. Aziz K.S	Apollo Adlux Hospital, Angamali

SESSION 1

SL. NO.	TIME	TOPIC	FACULTY
1	9:00 am	In Lab vs Home Sleep Study Merits and Demerits	Dr. Hari Lakshmanan Senior Consultant Pulmonologist, VPS Lakeshore
2	9:20 am	PSG Interpretation Systematic Approach	Dr. Sourin Bhuniya Addnl. Professor, Pulmonary Critical Care and Sleep Medicine, AIIMS, Bhubaneswar
3	9:40 am	Obesity Hypoventilation Syndrome and Role of CPAP vs NIV	Dr. Mujeeb Rahman Consultant, Pulmonary Critical Care and Sleep Medicine, VPS Lakeshore
4	10:00 am	Newer Advances in Diagnosis and Management of OSA	Dr. Sryma P.B Asst. Professor, Pulmonology, PSG IMSR, Coimbatore

DISCUSSION - Q & A SESSION**TEA BREAK 15 MINUTES****SESSION 2****CHAIR PERSONS**

Dr. Bindu Vargheese	VPS Lakeshore
Dr. Murali Krishna Menon	VPS Lakeshore
Dr. John Alexander	VPS Lakeshore

5	10:45 am	Diagnosis and Management of Narcolepsy	Dr. Vidya M.V Senior Consultant Neurologist, VPS Lakeshore
6	11:05 am	Sleep in Neurological Diseases	Dr. Sapna Erat Sreedharan Addnl. Professor, Neurology, Sree Chitra Tirunal Institute for Medical Sciences and Technology (SCTIMST)
7	11:25 am	Parasomnia and Nocturnal Frontal Lobe Epilepsy "Mistaken Identities"	Dr. Ashalatha Radhakrishnan Professor of Neurology, Sree Chitra Tirunal Institute for Medical Sciences and Technology (SCTIMST)
8	12:00 pm	Central Sleep Apnea Approach to Management	Dr. Parvathi Rajendran Asst. Professor, Pulmonology, Thrissur Medical College

LUNCH TIME - 1 PM

SESSION 3

CHAIR PERSONS

Dr. Renis Davis Amala Institute of Medical Sciences, Thrissur
Dr. Idikkula K Mathews VPS Lakeshore
Dr. Sophia Philip GMC, Kalamassery

9	1:30 pm	Evidence - Based Practice of Surgical Correction in OSA - When to Refer and How to Approach?	Dr. Shawn T Joseph Senior Consultant, Head and Neck Onco Surgery, VPS Lakeshore
10	1:50 pm	CPAP Compliance and How to Improve CPAP Compliance	Dr. Saurabh Mittal Asst. Professor, Pulmonary Critical Care and Sleep Medicine, AIIMS, New Delhi
11	2:10 pm	Complex Sleep Apnea and Treatment Approach	Dr. Praveen Valsan Senior Consultant Pulmonologist, Aster Medcity, Kochi
12	2:30 pm	Role of Dental Appliances and Mandibular Advancement in OSA	Dr. Sunil Abraham Consultant Orthodontics, VPS Lakeshore

TEA BREAK

SESSION 4

CHAIR PERSONS

Dr. Akhilesh Kunoor Amrita Institute of Medical Sciences, Kochi
Dr. Vineeth Alexander Sunrise Hospital, Kochi
Dr. Fathahudheen GMC, Kalamassery

13	3:30 pm	COPD - OSA OVERLAP SYNDROME	Dr. Thomas Vadakkan Senior Consultant Pulmonologist, Amala Institute of Medical Sciences
14	4:00 pm	Interrelationship Between Severe Asthma and OSA : From Endo Phenotype to Clinical Aspect	Prof. J.C Suri Director & Head of Department, Pulmonary Critical Care & Sleep Medicine, Fortis-Flt. Lt. Rajan Dhall Hospital, New Delhi
15	4:30 pm	PAP Titration	Dr. Sourin Bhuniya Addnl. Professor, Pulmonary Critical Care and Sleep Medicine, AIIMS, Bhubaneswar
16	5:00 pm	EEG AND EVENT Scoring	Dr. Nitya Haridas Consultant Pulmonologist, AIMS, Kochi

ORGANISING COMMITTEE

ORGANIZING CHAIRMAN



Dr. Hari Lakshmanan P
Senior Consultant
MBBS, MD (Pulmonary Medicine)

ORGANIZING SECRETARY



Dr Mujeeb Rahman K.K
Consultant- Pulmonology
M.B.B.S, M.D (Pulmonology), D M - Pulmonary
Critical Care and Sleep Medicine - AIIMS
Email: drmujeeb.rahman@lakeshorehospital.org

ORGANISING COMMITTEE MEMBERS

Dr. Rahul Antony | Dr. Swetha Joju | Dr. Anjana Devasia

Contact for Any Assistance : **0484 277 2047 | 0484 215 4033**

NATIONAL FACULTY



Prof. J.C Suri
Fortis-Flt. Lt. Rajan Dhall
Hospital, New Delhi



Dr. Saurabh Mittal
AIIMS, Delhi



Dr. Sourin Bhuniya
AIIMS, Bhubaneshwar



Dr. Ashalatha Radhakrishnan
Sree Chitra Tirunal Institute
for Medical Sciences
and Technology



Dr. Sapna Erat Sreedharan
Sree Chitra Tirunal Institute
for Medical Sciences
and Technology



Dr. Thomas Vadakkan
Amala Institute of
Medical Sciences



Dr. Praveen Valsan
Aster Medcity,
Kochi



Dr. Nitya Haridas
AMRITA Institute of
Medical Sciences



Dr. Vidya M.V
VPS Lakeshore Hospital